

OKAIMH Board Meeting March 13, 2020 (held by videoconference via Zoom)

Board Members Attending By Zoom: Desiree Doherty, Ed Long, Melissa Griffin, Monika Turek, Cynthia Mooney, Elizabeth Bard, Brandi Duden, Autumn Cooper, Liz Fisher, La Toyia Williams, Linda Manaugh, Lucia Ciciolla, Mary Ann Allbritton, Tish Dehart, Amy Chlouber, Ruth Slocum

Staff Present: Carly Harris

Members/Guests Present: Audra Haney, Jillian Bailey (OSU Doctoral Student working on emotion regulation), Michelle Hankey (New OK-AIMH member with Connect Counseling)

Meeting brought to Order: 9:01, Quorum established

Consent Agenda: Motion to approve consent agenda (February 2020 meeting minutes, finance report, president's report, updated scholarship form) by Dehart. No discussion. 2nd by Turek. Motion carried.

New Business:

1. Committee Reports:

- **Leadership Call:** Mooney and Cooper attended Alliance Leadership Call. Reported it was their first call and learning the process. Details of note: Nominations for a leadership committee for endorsement was discussed. University of Michigan is planning to release reports regarding impact of Reflective Supervision. Use of the RIOS reflective consultation evaluation tool was discussed. Alliance is working on crosswalk process and policies. Alliance is interested in looking at associations' growth and how to better support associations. Overall, Endorsement data collected from all associations was presented showing 85% pass rate for the multiple choice section of the test and a 52% pass rate for the essay portion. Alliance leaders calls are recorded and available to view after the live call.
- **Holders Call:** Chlouber attended Holders call and reported additional information on pass rate for endorsement exam. Stated there was a 54% pass rate for policy and research categories. Alliance is looking at the exams overall to look at quality assurance. States were reminded about the Early Childhood/Preschool endorsement process. Alliance discussed work with Erikson and Facilitating Attuned Interactions (FAN). Oklahoma was given credit for bringing FAN to fall conference. Discussed Endorsement review committee at the Alliance level. Dehart expressed interest in possibly volunteering for that committee.
- **Doherty reviewed/announced chairs of committees to include the following:**
 - Communications: Duden
 - Endorsement Strategies: Dehart
 - Finance: Turek
 - Fall Conference: Williams
 - Workforce Development: Griffin, Ciciolla, Bard
 - Executive: Doherty
 - Sustainability: Doherty
 - Governance: Long

Thanks to the chairs. Committee members have been recruited through surveys conducted at fall conference and additional recruitment is encouraged from membership and non-members with relevant expertise to share.

- Fall Conference Committee: Williams presented that fall conference committee has met. Proposed Date is Wed. Oct 21st at University of Central Oklahoma who expressed interest in partnering to provide the space at no cost. Stated Student assistance would also be available. Proposed Speaker Laura Van Dernoot Lipskey, author of *Trauma Stewardship* and *The Age of Overwhelm*. Speaker is from Seattle and approximate cost for a 4-hour training is \$8,000. Discussion of finding a speaker that could provide 6 hours of material in order to provide CEU's that would make it worth it for professionals to attend. Discussed option of having additional break-outs to obtain the additional hours. Discussed setting fees at \$150 for non-members and \$100 for members with a goal of 200 in attendance. Presented that conference **expenses were \$8,214 and revenues were \$11,590** (*NOTE: these are updated numbers from Treasurer as of 3/31/20 following Griffin's request that the committee receive report on actual costs & expenses regardless of whether those were billed back to ODMH contract*). Stated committee discussed seeking a co-sponsor for the speaker and other expenses. Griffin stated preliminary evaluation of conference has been done and quantitative analysis showed that last year's event received high approval ratings. Will have full report to share with the committee next week. Manaugh stated a Potts Family Foundation grant as a possibility to support the event. Dehart stated she liked having the consistency of the same speaker so that attendees get more in-depth information. Manaugh liked the idea but said should include break out discussion tables and activity so that the day is not all lecture. Slocum stated she liked the idea of a speaker focusing on Trauma. Next committee meeting is March 27 at 10 am via Zoom.

2. Continuation of work on Strategic Plan – Ed Long

- Strategic plan goals and objectives were assigned to committees. Long will share updated notated strategic plan for full information on strategic plan work tracking.
- Discussion of Membership Satisfaction and what to measure. Griffin suggested that it might be helpful to reach out to someone with this expertise to see if they would be willing to volunteer their time to help to develop a survey. Griffin suggested that Dr. McGaugh at OSU who was interested in serving on the board at some point might be someone who would be willing. Griffin agreed to reach out to McGaugh and will include Duden in the conversation.
- Doherty discussed moving forward how to get the work done and how to include the focus of the Association into the "bigger picture". Asking the board to think about where it makes sense for OKAIMH to be connected.
- Long stated that there are no places in the plan that were directly assigned to Workforce committee so may need to revisit to see what could be given to them. Griffin shared that there is much happening in the state around workforce and that may start with the co-chairs meeting with Ed to see where it makes sense for the committee to focus their work. Griffin will send out times and get a meeting scheduled with the chairs.

- Long stated that he will develop a reporting structure for the committees including a template for committee reports.

ANNOUNCEMENTS:

1. Doherty shared that she and Audra Haney have both applied for Endorsement in Policy. Griffin stated she also plans to apply at this level.
2. Held exam last week and next date is June 19 in Tulsa. Will also schedule fall date in OKC area.
3. Manaugh shared that the film “No Small Matter” is going to be screened in Oklahoma. Potts and Kaiser are planning community events. Doherty said she would like OKAIMH to be a host at events.
4. Mooney shared that Mental Health Association of Oklahoma is not meeting in person. Everything will be virtual.
5. Manaugh shared there is a PBS showing of Broken Places scheduled for April 6, 2020

Adjourn: 10:52

Manaugh moved to adjourn, Griffin seconded.