



## Minutes of March 12, 2020 Board of Directors Meeting

Virtual via Zoom

The meeting was called to order at 9:05a.m. by President Desiree Doherty. Quorum was established. In attendance: Directors: Monika Turek, La Toyia Williams, Paula Koos, Ed Long, Linda Manaugh, Amy Chlouber, Lucia Ciciolla, Juli Skinner, Teresa Berg, Cynthia Mooney, Autumn Cooper, Melissa Griffin, Juan Delara, Kevin Evans, Mildred Ramsey, Brandi Duden. Members & Guests: Amber Stewart, Michelle Hankey, Jordan Gustin, Kathleen Espinoza, Amber Masters. Staff: Carly Harris

Consent agenda consisting of minutes, committee reports and budget was presented. Turek motioned to approve. Koos seconded. Documents approved.

### Business

#### Board Development

Long & Turek Reported. A function of Governance committee is to support board development. Turek contacted Jeff Wilkie of HoganTaylor, Human Capitol Strategies Practice Lead with approximately 25 years' experience, who agreed to do pro-bono work with our board. A poll was conducted to gauge interest of the following topics: Board Development 101, Managing Transitions Effectively, Exhibiting Managerial Courage, Interpersonal Skill Building, Developing & Directing Others, Leading through Others, Effective Time Management, Other – open to describe topics of interest. Turek will follow up with Wilkie about next steps.

#### Fall Conference Planning

Mooney, Chair reported. We have contacted a potential speaker, Dr. Rosemarie Allen with Colorado Center for Equity & Excellence. Mooney conducted a jam board containing the speaker's topics that directors could add thoughts to. She reported April 14 we are holding a discovery call with speaker to discuss ideas concerning discussion. Ramsey stated the YWCA is working a lot in this space. May contact them as a second speaker.

#### Director & Committee Reports

**Sustainability.** Mary Ann Allbritton, Chair, was absent. Doherty reported. Three recommendations made by the committee to be presented to the board will be moved to the April meeting. These focus on things that affect revenues such as membership dues and fundraising goals.

**Endorsement Strategy Group.** Tish Dehart, Chair, was absent. Doherty reported. The Alliance has outlined steps for getting started in recruiting Early Childhood Endorsement® cohort and messaging plans for rolling out this new credential in our state. The Alliance holds trainings in Oct. & Feb. Our goal is the Oct. training. We will need two at mentor level and two others, for 4 total. A number of those need to be already IMH Endorsed®.

**Workforce Development.** Elizabeth Bard, Chair, was absent. Doherty reported the committee has been looking at building a training library to post online with a focus on reflective supervision renewal.

**Finance.** Monika Turek, Chair, reported. She stated the committee is looking to possibly move Quickbooks work from Admin. Assist. to an outside entity to help with separation of duties/transparency. She mentioned the new CPP project that will make the budget look a little different beginning in March.

**Governance.** Chair Ed Long, Chair, reported. Long would like to expand this committee's membership. We can look outside of board to assist. We will be contacting committee chairs to identify co-chairs for each committee. In 2022, the Association is looking to possibly hire an Executive Director. The committee is reviewing salary and job requirements to put in place. He stated he will be working with committees concerning the Strategic Plan Priorities Process Survey feedback. Governance is also focusing on diversity, equity and inclusion alongside the executive committee.

**Communications.** Brandi Duden, Chair, reported. She shared the committee is looking at 30-year anniversary logos. She is currently compiling a list of early childhood and mental health dates throughout the calendar year to highlight on social media. We will tie in anniversary with fall conference.

#### **OKAIMH Projects**

**Child-Parent Psychotherapy (CPP) Learning Collaborative.** Carly Harris reported. CPP is an intervention model for children 0-5 who have experienced trauma and/or are experiencing mental health/attachment or behavioral problems. A central goal is to support and strengthen the caregiver-child relationship. Angela Fultz & Ashleigh Kraft will be leading the training. It is an 18-month learning collaborative the Dept. of Mental Health has graciously agreed to fund all participants. 18 teams applied with a total of 66 individuals. However, only 32 spots were available. All applicants were notified as to whether or not they were accepted March 2. Feedback was given as to why they may have not been accepted as well recommendations for strengthening a future application. The deadline to complete registration including a training agreement and OKAIMH membership was Mar. 5. Those accepted are beginning pre-work readings. Calls will occur twice a month (on Thursday mornings from 10am-11a.m.) Supervisor support calls will be scheduled once training begins, and supervisors are asked to attend 4 of the 6 support calls offered. Long suggested a press release.

#### **Other Director Reports**

Long also chairs the Autism Oklahoma Association. He stated they are focusing on lifespan issues and looking to expand partnerships.

Griffin shared there is an open Behavioral Health Council Seat.

The Potts Family Foundation is still sharing the Resiliency videos. Next date: Mar. 29 at 6:00pm.

Koos mentioned the Covid relief bill and its surplus in funding. OK-AIMH could propose projects to Child Care Services, Brittney Lee, Director of Child Care services or through the Child Abuse Office with Beth Martin. Zero to Three also may have dollars to spend at the state level.

Autumn Cooper shared Postpartum Support International is a great online support group.

**Alliance Leadership Call**

Mooney reported. A new report with home visiting nurses was presented on the call discussing burn-out rates/how critical supervision is to avoid burnout. During the call each month different states are presenting what they are doing to support diversity, equity and inclusion. A study highlighting the value of reflective supervision was discussed and the report is in process.

**ANNOUNCEMENTS**

Ad Hoc committee is discussing organizational memberships

Sarah Rahhal, Kevin Evans and another CEO will be facilitating a meeting of members' CEOs May 7 (Children's Mental Health Day) to speak on supporting best practices

Safe Babies/Infant Toddler Court Initiative was discussed

Next Board meeting is April. 9, 9:00a.m. via Zoom

No Public Comment offered.

Meeting adjourned at 10:35 a.m.

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*Submitted by Carly Harris*